AQ: APOSTLE // APOSTOLIC MODULE: Introduction

Welcome to this 5Q module.

These modules consist of an overview and four sessions and can be undertaken as an individual or group study.

- Each module will have learning objectives for the whole module and as well as learning objectives specific to each of the four sessions.
- Each of the four individual sessions comprises an overview, objectives, key content to engage with, discussion questions and topics, reflection and action.
- Each module can be undertaken as an individual or studied together as part of a group but, if you are engaging as an individual we would encourage you to find a context to process and discuss with others.
- We strongly encourage you to make notes of your journey of learning in a 5Q journal and also share them with someone you are journeying with or the group you are studying with.
- We'd encourage you to read and engage with the "Hero's Journey' module as this will set the framework and context for your learning journey, whether you're an individual or a group.

Module Flow

Each week contains the following subsections:

Overview and objectives

- Readings
- Videos
- Considerations
- Reflections
- Reformations
- Actions
- Treasures

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We would suggests a rhythm of completing one subsection a day.

AQ Module Overview >> Apostle / Apostolic

Module Description

Welcome to the Apostle/Apostolic "AQ" Module. In this module we will explore the apostolic, starting with the theological roots and character of God, then recognizing Jesus as the apostolic archetype and finally moving into functions of the church and finally into individual calling.

Module Learning Objectives

Learners who participate in this module will, at its completion, be able to:

- Discover the origin of AQ in God Himself
- Examine their previous understanding of apostle/apostolic
- View Jesus with a new lens as the archetypal Apostle
- Explore the multiple facets of the apostolic area
- Articulate a working definition of an apostle and the apostolic area
- Trace the AQ through the Bible
- Grasp the essential "sentness" of the church (implicit)
- Reflect on their own personal level of "apostolicity" (explicit)
- Assess their current church/group's level of AQ
- Reflect on healthy and unhealthy expressions of the apostolic
- Take action steps to activate the latent AQ in their church/group, and in their lives personally



Session 1: AQ Theological Roots

Week Overview

In Week 1, we will explore the theological roots of AQ, focusing on the nature and character of God. He is a missional God, which informs His Word and how he acts in the world. Apostle comes from the Greek word *apostolos* meaning "sent ones." Translated into Latin the word is *missio*, from which we derive our English words mission/missions/missionary.

Learning Objectives

- Understand that the roots of 5Q and APEST lie in God himself
- Explore specifically the rootedness of the AQ apostle/apostolic in God's nature
- Trace a missional AQ nature through the Bible
- Recognize how God shapes and forms the AQ function and calling

Reading

Chapter 4 - Hirsch, A. (2017). 5Q: Reactivating the original intelligence and capacity of the body of Christ: 100Movements.com.

Recommended but optional: Hirsch, Alan. (2012) The Permanent Revolution: Apostolic Imagination and Practice for the 21st Century: Jossey-Bass.

Video

<Ju Video>SCR 8 - APEST A Master Quality 720P H.264.mov

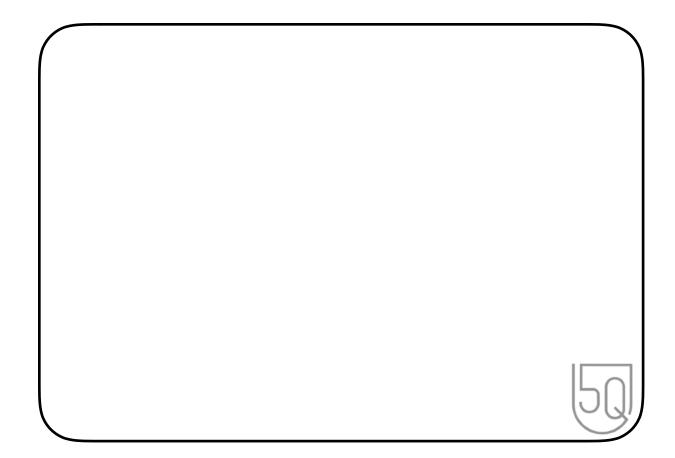


Considerations 1.1

After watching the AQ video, take some time to discuss within your group/church/team/organization these questions:

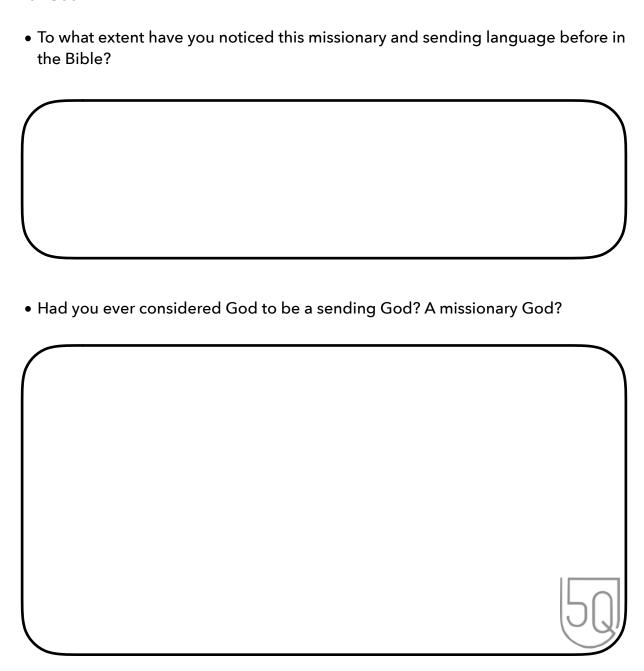
- What's your initial response to the discussion from the video about the apostolic being rooted in God?
- Why would you say it's important to recognize AQ originating with God?

Chapter 4 of 5Q refers to the imago Dei, the theological term for us being made in the image of God and therefore endowed with elements of his nature and character. How is the imago Dei reflected as you browse over Table 4.1 (page 50 of 5Q), which displays APEST in Archetype, Culture and Hero Expression? To highlight some specific examples of how 5Q is laced throughout culture, pick 3 of the non-Christian examples and explain how the AQ aspect of imago Dei is reflected in them, even though these individuals are not yet followers of Jesus to our knowledge. A glance at Figure 4.5 may help you brainstorm for keywords as well. Write your explanations in the space below:



Reflections 1.2

Missio Dei, the very nature of God is missional. It is intrinsic to who he is. The video for this week alludes to this missionary nature and sending language several times. His missionary nature is expressed throughout the Bible through overarching themes as well as individual people he calls and sends out. He calls and sends Abraham, Isaiah, Jonah, sends Jesus, and sends the Holy Spirit. The verse John 20:21, for example, encapsulates the apostolic ministry well, where Jesus explains, "As the Father has sent me, even so I am sending you." It shows the origin of the sending was with God.



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Reformations 1.3

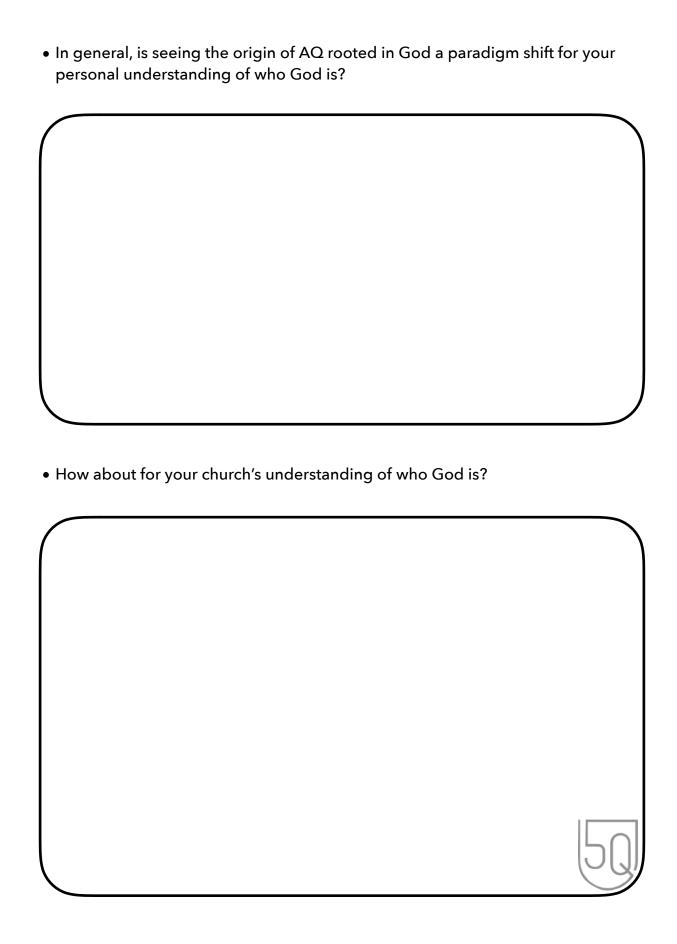
When we consider reformation, we are talking about the process of reforming a paradigm or practice. We all hold to a particular view of who God is, based on our experience personally and as part of a specific church background. Reading something new may shift or change that. From chapter four, "The roots of the apostolic are grounded in the fact that God is:

- the source of all things--the origin and fount of all existence
- designer, creator, and foundation of all
- the sent and sending God
- the source of pure will and purpose--and therefore the source of meaning
- the electing and predestining God--he works all things for good
- sovereign King over all creation
- the judge--he measures all and judges justly"

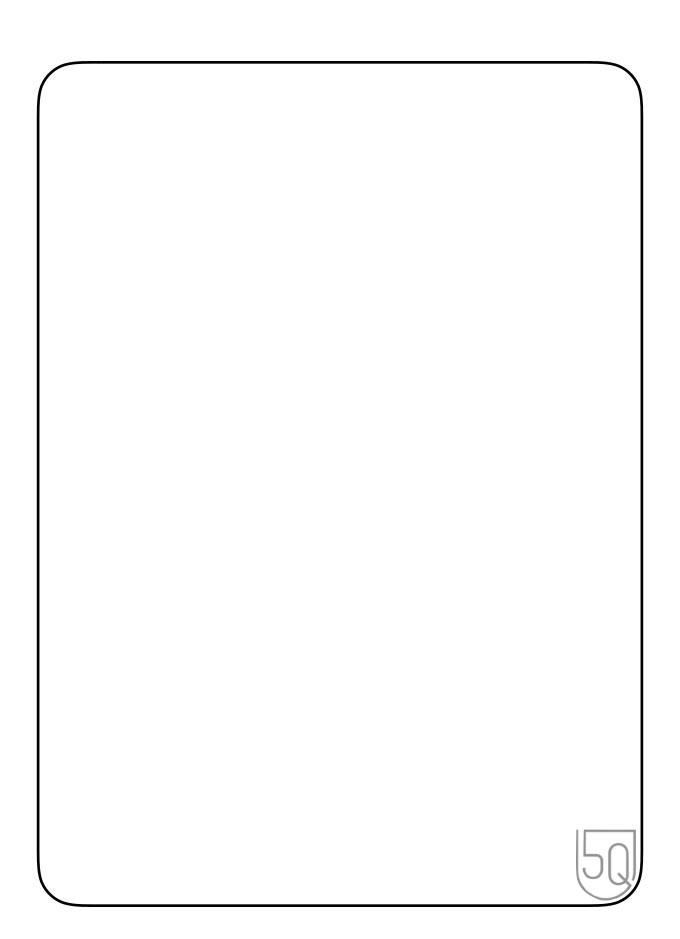
After reading those AQ characteristics being rooted in God:

• Which of them are a paradigm shift in your understanding of who God is?





With these new understanding or oractice of proclamation? In oth what area of practice could you	er words, now that	you see new fac	ets of God,
evangelism?	incorporate them?	nto eg preaching	, teaching,
			50



Actions 1.4

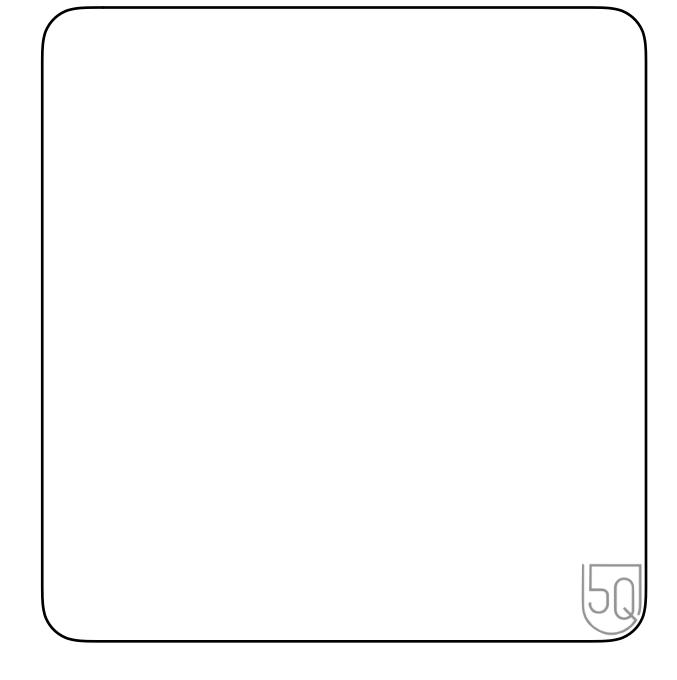
This week in your personal Bible reading, put on your AQ glasses and focus on identifying the overarching theme of God's missionary nature in creation, fall, redemption and restoration. Focus on his call to send individuals such as Abraham, Isaiah, Jesus, the 12 apostles, and Paul.

When you come back together with your church/organization/team, share your insights with the group. What were your two biggest takeaways reading the Bible with AQ glasses? What was the biggest takeaway for you that someone else shared?

Treasures 1.5

As we close this first week, pray for understanding of what God wants you to grasp about this topic. Identify 3 aha's (key reflections, greater sense of excitement, conviction or understanding) and 3 questions.

Write them in your 5Q journal and share them with someone you are journeying with or the group you are studying with.



Session 2 Jesus The Apostle Archetype

Week Overview

From the rootedness of AQ in God the Father, the APEST landscape flows into creation and culture, where it is reconstituted in Jesus, the Apostle Archetype. It is Him we zero in on in Week 2.

Objectives

- See Jesus through the AQ lens as the Apostle Archetype
- Be able to articulate the characteristics that define Jesus as an Apostle
- Discover Jesus' AQ in the New Testament
- Imagine the implications of Jesus' AQ for discipleship
- Assess your own AQ and those around you

Read

Chapter 6 - from Hirsch, A. (2017). 5Q: Reactivating the original intelligence and capacity of the body of Christ: <u>100Movements.com</u>. Especially read the excerpt "Jesus is the Exemplary Apostle" p74-75.

Recommended but optional: Hirsch, A. (2012). The Permanent Revolution: Apostolic Imagination and Practice for the 21st Century Church: Jossey-Bass Leadership Network Series.

Take a look at Table 7.2 from 5Q: Chapter 7





FUNCTION / CALLING:

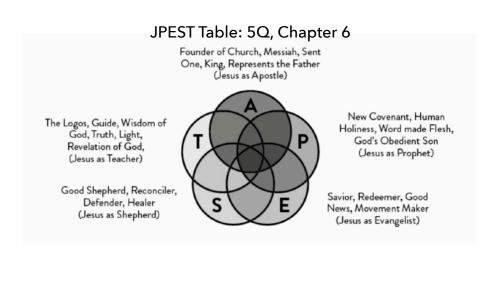
APOSTOLIC / APOSTLE

Theological	Archetypes and Heroes	Reconstituted APEST	APEST Functions	APEST Callings
Roots	(APEST patterns laced in	(Redeemed and	(Implicit)	(Explicit)
(APEST in the doctrine of God)	and throughout creation)	exemplified in Jesus)	(Given to and coded into ecclesia)	(Practitioners)
Father,	Founder, General,	Founder, Messiah, Sent one,	Organize around sent-	Church planters, Inno-
Creator,	Agent-envoy, Visionary,	King/Head, Messiah, God's kingdom agent, Establisher	ness, Maintain integrity of paradigm and DNA,	vators, Entrepreneurs, Cross-cultural missio- naries, Organizational designers, Regional networkers, Cul- tural architects
Sender	Pioneer, Adventurer	of genetic code/DNA,	Translocal networking,	
(missio Dei),		Establisher and builder of	Entrepreneurial capa- cities, Church planting,	
Sovereign,	Examples:	his church, Commissioner of his people	Scale and scalability in organization, Innovation and risk-taking	
Designer,	Pioneers, Breakthrough	25. 4		
Judge,	designers, Innovators, Entrepreneurs, Visionaries,			
Source	Embodiments of purpose-mission, Paradigm shifters,			
	Cultural architects, Movement-makers, Systems thinkers, Business Leaders, Problem-Solvers, Imagineers,			
	Start-ups			

Videos

<Ju Video > SCR 8 - APEST A Master Quality 720P H.264.mov

Recommended but optional: RePlacing Church Podcast - Apostle as Cultivator





Considerations 2.1

The video this week mentions a key concept of AQ to extend forwards and outwards, as well as this key verse where Jesus is explicitly identified as the Apostle, in Hebrews 3:1-2:

"Therefore, holy brothers, you who share in a heavenly calling, consider Jesus, the Apostle (*apostolos*) and High Priest of our confession, who was faithful to him who appointed him, just as Moses also was faithful in all God's house."

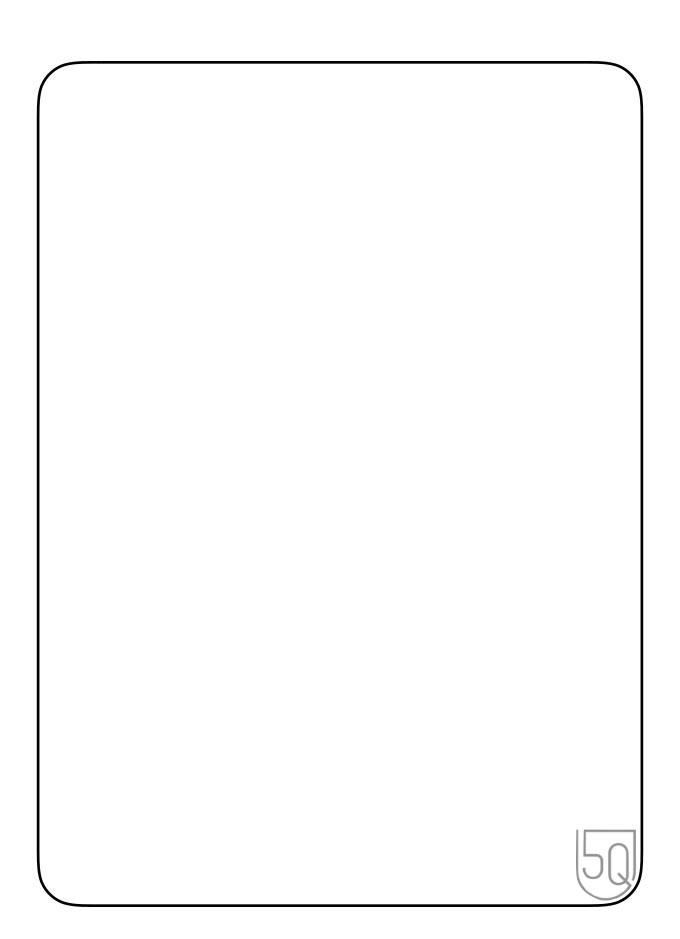
As a group, pick 6 out of the 9 terms from the list here to unpack Jesus as the Apostle Archetype. Compose a description of each one chosen, relating it to AQ, and link a Scripture to it.

AQ Characteristic	Description	Scripture Reference
King		
Sent One		
Ambassador		
Kingdom Agent		
Founder		
Pioneer		
Planter		
Bridger (Culturally)		
Builder		



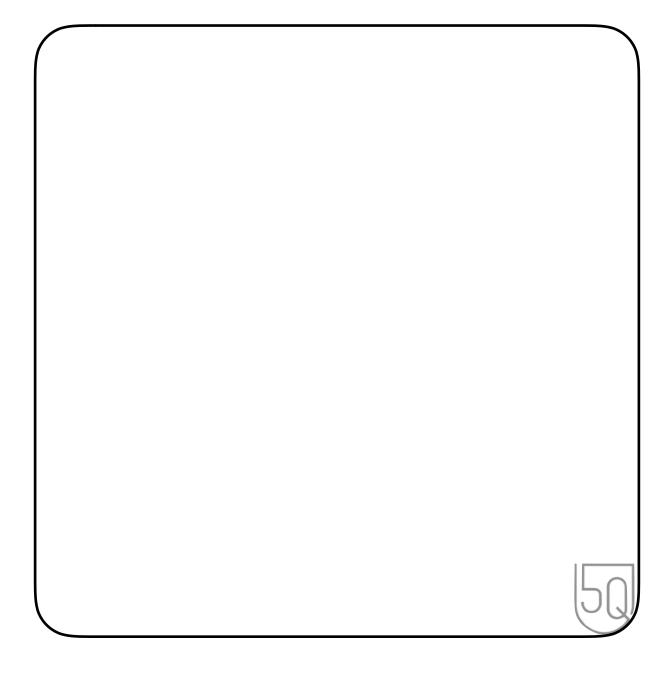
Reflections 2.2

wh	we all desire to be confor en you hold up the prove us the Apostle Archetype	rbia	l mirror and look at your	=
	Sent One	<u> </u>	Founder	Bridger
	Ambassador		Pioneer	Builder
	Kingdom Agent		Planter	
• V	Vho do you see modeling Vhat AQ characteristics do you would spend a week	о уо	u see them exhibiting?	that be like?
				[5g]



Reformations 2.3

When we consider reformation, we are talking about the process of reforming a paradigm or practice. In John 20:21, God the Father sends (apostellō) the Son. Jesus embarks on a mission to earth as a divinely sent missionary. He is an ambassador of the Kingdom of Heaven, with authority and power from His Father to carry out the commission: save and redeem the world. The apostolicity that is rooted in God is packed into Jesus. From these nine characteristics we have been exploring of Jesus apostleship, which ones have been missing from your picture of Jesus? In other words, how does your paradigm of Jesus need to be reformed? Moving beyond the internal, how does your practice of proclamation (through preaching, evangelism, teaching the Word, sharing, etc) need to be reformed?



Actions 2.4

Prepare a 20 minute Bible study on the topic of Jesus the Archetype Apostle and share it with two individuals or a small group this week.

Consider the verses in the subsections above, as well as Luke 4:43, John 3:34, John 17:3, John 17:8, Mark 9:37, Matthew 10:1-16.

Treasures 2.5

As we close this second week, pray for understanding of what God wants you to grasp about this topic. Identify 3 aha's (key reflections, greater sense of excitement, conviction or understanding) and 3 questions.

Write them in your 5Q journal and share them with someone you are journeying with or the group you are studying with.



Session 3 AQ Functions and Purposes (Implicit)

Week Overview

In our third week, our focus will be the AQ functions or purposes that are displayed in the worldwide and local church. This is defined by 5Q as "implicit"—as opposed to explicit— as these functions and purposes are inbuilt into the church by Jesus and are simply latent, waiting to be activated.

Learning Objectives

- Understand how AQ has been given to and coded into the ecclesia
- Articulate the apostolic function of the church
- Consider ways as a group/church to fully live out the AQ function
- Realize the repercussions when AQ is neglected
- Assess the current AQ functionality in your group/church
- Implement the first steps to activating the latent potential of AQ

Read

Chapter 7 - Hirsch, A. (2017). 5Q: Reactivating the original intelligence and capacity of the body of Christ: 100Movements.com.

Recommended but optional: Nee, Watchmann. (1980) The Normal Christian Church Life: Living Stream Ministry.

Recommended but optional: Woodward, JR. (2012) Creating a Missional Culture: Equipping the Church for the Sake of the World: IVP Books.





APOSTOLIC / APOSTLE

APEST Functions (Purposes)	APEST Callings (Roles)
Seeding the DNA of the church through mission and works that extend the movement Maintaining an abiding commitment of sentness (mission) throughout the organization Extending the missionary impact of the church Maintaining compliancy around core ideas and culture (DNA) Networking translocally Maintaining paradigm and vision Maintaining a strategic commitment to church planting strategy and pioneering leadership Ensuring organizational agility, adaptability, and scalability Mobilizing leaders, resources, and churches Maintaining a sense of the big picture which makes sense of the small issues Priming the organization for innovation and entrepreneurship Developing capacities for appropriate	Missional leaders Movement starters Church planters (though not all) Innovators Pioneers Custodians of the DNA of the Church Entrepreneurs Organizational architects and designers Cross-cultural missionaries Founders of organizations/movements Guardians of the organizing ideas (DNA) Designers and architects Networkers Culture creators Missional trainers Research and development workers Consultants
risk-taking (develop "anti-fragile" organiza- tion)	Ambassadors (agents and representatives) Quality controllers

Videos

<Ju Video> SCR 6 - Callings Intro Master Quality 720P H.264.mov

<Ju Video> SCR 8 - APEST A Master Quality 720P H.264.mov

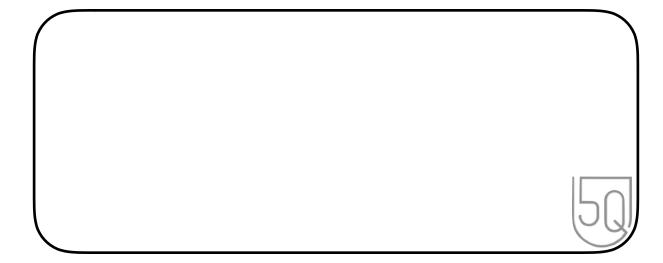


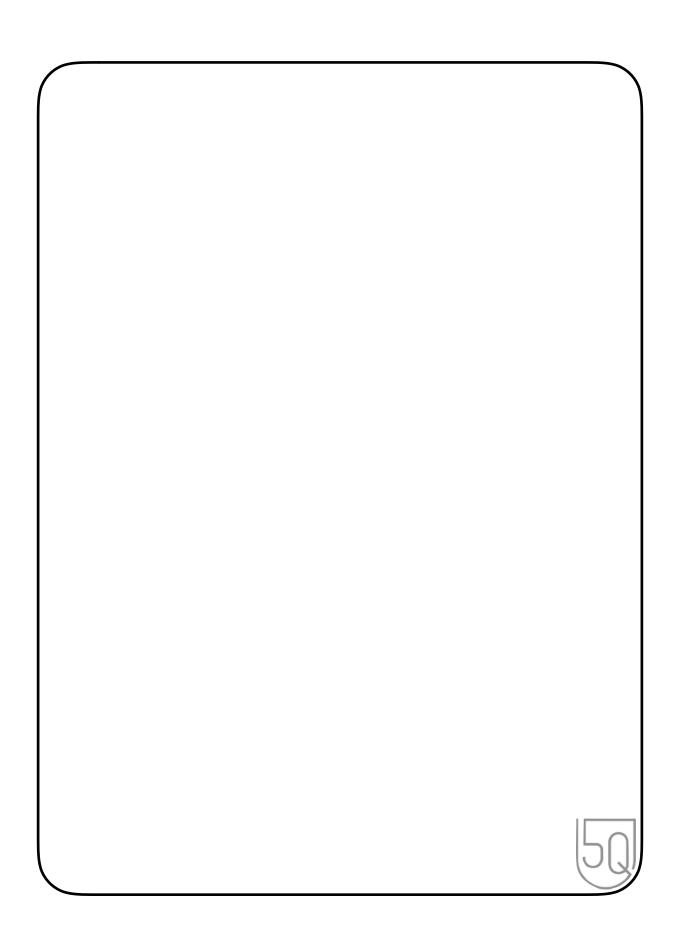
Considerations 3.1

In the Functions & Callings 2 Minute Intro video, Table 7.1 is referenced, with the key conversation being identifying the key differentiation: Functions belong to the body of Christ, <u>callings</u> are the functions of the church expressed by the individual.

 How would you articulate the difference between the AQ function and calling in your own words? Take a moment to jot down your own phrase, then together as a group formulate a unified definition.

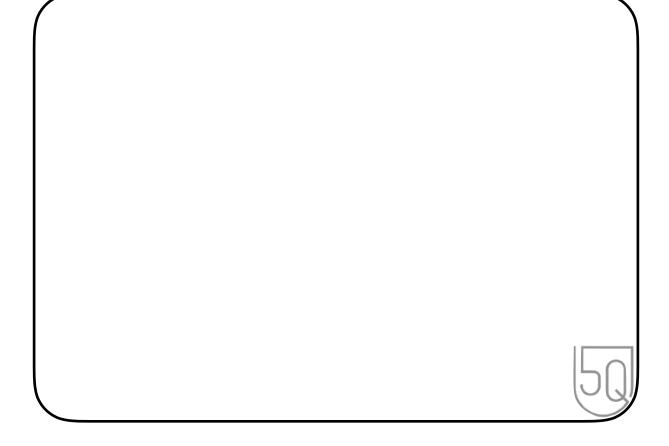
- Why does it matter to differentiate?
- What functions of AQ do you already see latent in your church/community/team/workplace that are waiting to be activated? A glance at Table 7.1 on page 113 may help.



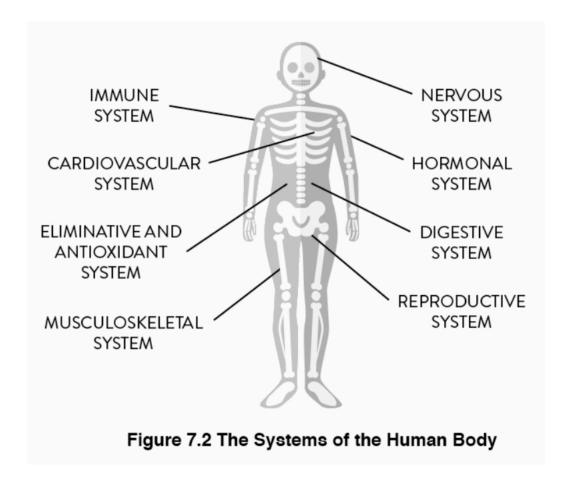


In the APEST AQ Video, it's emphasized that God is a missionary God and his church is a missionary church. In Session 1 we looked at this AQ sending nature being rooted God, and now we consider the progression of God the Father, God the Son, and God the Spirit sending the church. As a group, consider how recognizing the rootedness of the apostolic in God Himself can lead to your church/organization/ group fully living out it's sentness:

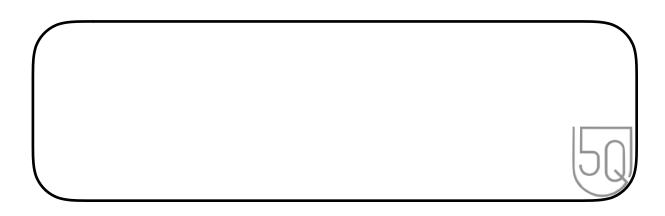
- Do we as a church only send out missionaries to foreign fields, or do we also send out individual members into their local sphere of society to have a missional impact there?
- Consider how your group could poll the rest of the church/group/organization to find out what they feel called to do, and empower them to be missionaries in this calling. Would we have the resources and capacity to support and encourage and disciple them along this AQ line?
- Is there something we should consider to be corporately serving the community, being missional to those in our immediate neighborhood?

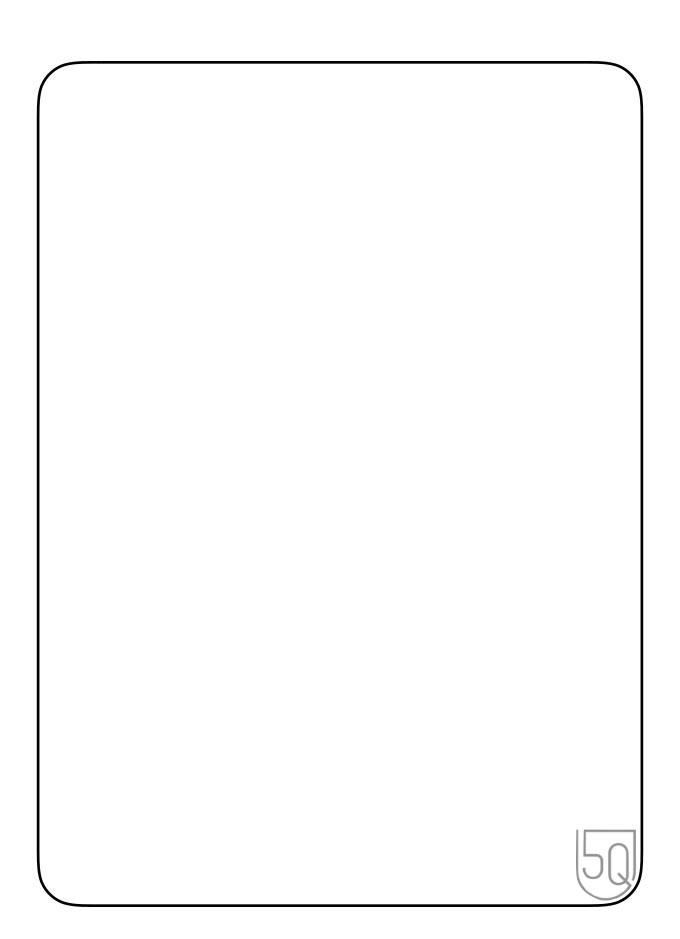


Reflections 3.2

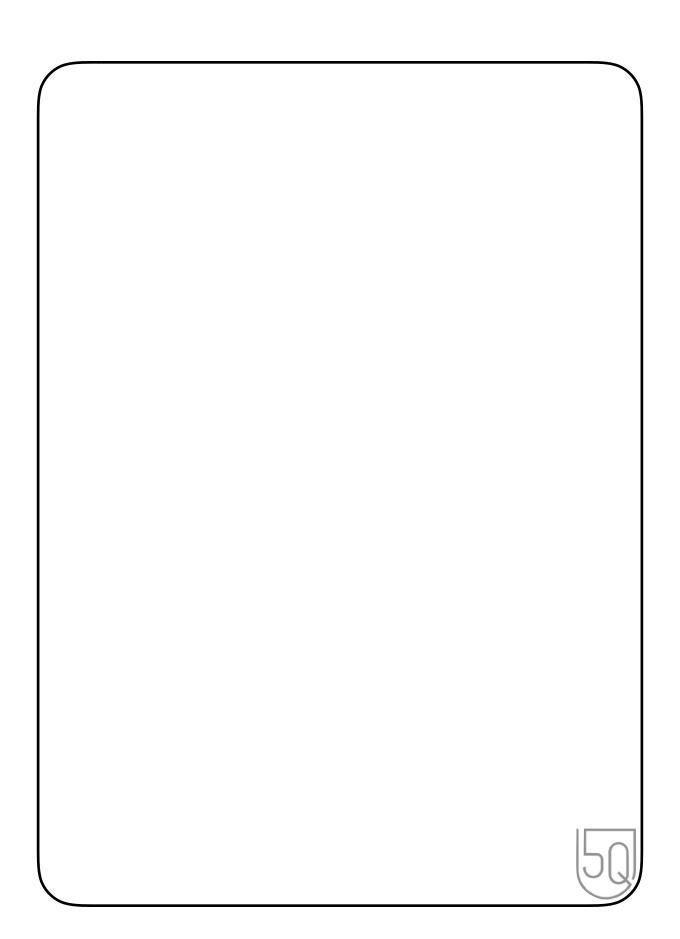


Just like our physical bodies which have interconnected functions built in, the Body of Christ has the interconnected functions built in that are necessary for spiritual health, stability, and growth. *Look at Figure 7.2*, choose one system to remove from the human body, and explain what happens to the body's physiology. Repeat two times choosing different systems.





Transcribed to the Body of Christ, remove the apostolic function, and describe what the ramifications are for the church: • Generally speaking, what is lacking when AQ is absent? • What are the repercussions for your church and the world? • More specifically, how will vision, innovation, risk-taking, mobilizing people, missional movement, multiplication, and church planting be affected?



Reformations 3.3

When we consider reformation, we are talking about the process of reforming a paradigm or practice. What are some deeply held assumptions of the apostolic by you and/or your church/organization?

In the APEST A video, to begin the process of a paradigm shift, Brad Brisco talks about giving language and license to AQ in your church/community/team/workplace for this function to begin flourishing.

- Is the language there?
- Is the license there?
- If not, what sort of hindrances can you identify?
- Why are both significant to implement in your sphere?



Actions 3.4

What steps will you take to bring in AQ language and license into your church?

- -> Language means talking about it regularly and casting vision for it.
- -> License means giving people permission to create that vibe and culture. Think motivating, empowering, releasing, sending.

Write your steps down below and keep each other gracefully accountable to start doing them within the next week.

-> Language

-> License

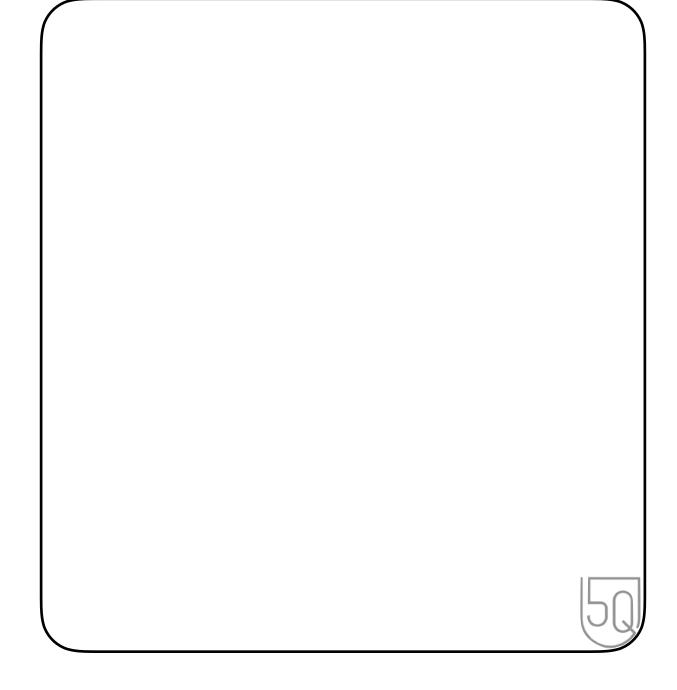
Additionally, take the <u>5Q Diagnostics Test here</u> to get a glimpse and assess the AQ functionality in your church/community/team/workplace.



Treasures 3.5

As we close this third week, pray for understanding of what God wants you to grasp about this topic. Identify 3 aha's (key reflections, greater sense of excitement, conviction or understanding) and 3 questions.

Write them in your 5Q journal and share them with someone you are journeying with or the group you are studying with.



Session 4 AQ Callings and Roles (Explicit)

Week Overview

As we enter our fourth and final week, we hope you are encouraged personally and corporately as a group/church. We now move into exploring individuals' callings & roles in relation to AQ - discovering how the gift fleshes itself out in people - and stimulating each individual's sentness.

Learning Objectives

- Be able to articulate the difference between "implicit" AQ functions & purposes and "explicit" callings & roles
- Reflect on healthy and unhealthy expressions of the apostle role
- To begin to thinking and seeing apostolically and create an awareness of your mission
- To determine the initial areas of where you are sent, to whom you are sent, and why you are sent
- To act on that mission

Read

Chapter 7 - Hirsch, A. (2017). 5Q: Reactivating the original intelligence and capacity of the body of Christ: 100Movements.com.

Blog Article - How To Disciple An Immature Apostle

Recommended but optional: Breen, Mike. (2002) The Apostle's Notebook: Kingsway Publications.

Recommended but optional: Cole, Neil. (2014) Primal Fire: Reigniting the Church with the Five Gifts of Jesus: Tyndale Momentum, Chapter 9 The Apostolic Gift: Contagious Empowerment.

Recommended but optional: Brewer, Nathan (2016). The Pulse of Christ: A Fivefold Training Manual: Xulon Press, Chapter 3 The Apostolic Exercises: Pioneering, Progressing, Planting.

Videos

<Ju Video> SCR 6 - Callings Intro Master Quality 720P H.264.mov

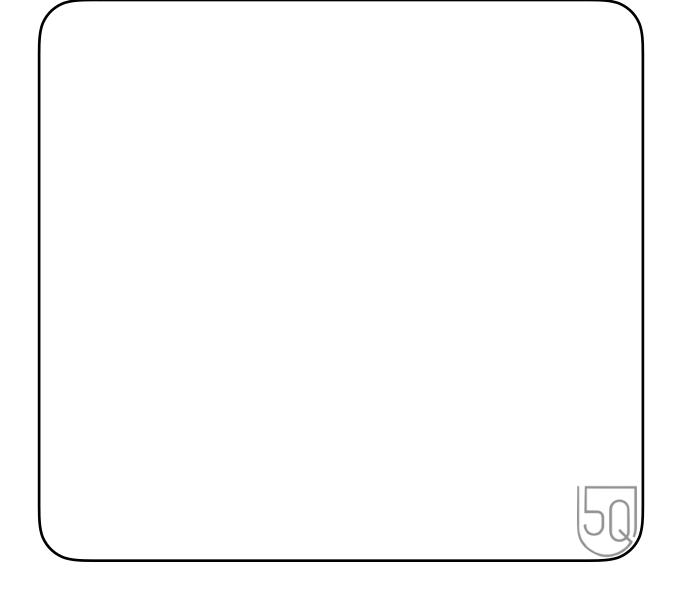
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Considerations 4.1

In the APEST A video, Brad Brisco asserts that when we grasp that we are a sent missionary people, God's agents for his mission, that we will recognize that we have *already* "been sent into places we live, in our vocations, and into our social spaces throughout the week" to participate in his redemptive purposes.

- Do you agree or disagree with his assertion? Why or why not?
- Are those in your group/church agreeing or disagreeing with you?
- How does this change our perspective of our jobs and where we work?



Another commentary in the video, this time from Rich Robinson, speaks to the fear some have that the apostolic role is linked to control and "lording it over" authoritatively:

- How would you counter that?
- Have you experienced someone that is an unhealthy or immature expression of the apostolic role in this sense?
- How about a healthy expression of someone apostolically gifted, serving in humility & love, extending God's Kingdom mission?

In the reading excerpt, multiple expressions of the apostolic function were given...

Table 7.1 (The Ap	oostle)
> V d: 0	
APOSTOLIC / APOS	SILE
APEST Functions (Purposes)	APEST Callings (Roles)
Seeding the DNA of the church through mission and works that extend the movement Maintaining an abiding commitment of sentness (mission) throughout the organization Extending the missionary impact of the church Maintaining compliancy around core ideas and culture (DNA) Networking translocally Maintaining paradigm and vision Maintaining a strategic commitment to church planting strategy and pioneering leadership Ensuring organizational agility, adaptability, and scalability Mobilizing leaders, resources, and churches Maintaining a sense of the big picture which makes sense of the small issues Priming the organization for innovation and entrepreneurship Developing capacities for appropriate risk-taking (develop "anti-fragile" organization)	Missional leaders Movement starters Church planters (though not all) Innovators Pioneers Custodians of the DNA of the Church Entrepreneurs Organizational architects and designers Cross-cultural missionaries Founders of organizations/movements Guardians of the organizing ideas (DNA) Designers and architects Networkers Culture creators Missional trainers Research and development workers Consultants Ambassadors (agents and representatives) Quality controllers

• Which ones were new to you or were surprising to see classified under apostolic? Why?
• Where do you see these expressed, and by whom, in your group/church?
• From the list of individual callings (roles) in Table 7.1 (right side) on page 113, share with the group which top three do you see yourself living out and how?
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• Which ones were you familiar with?

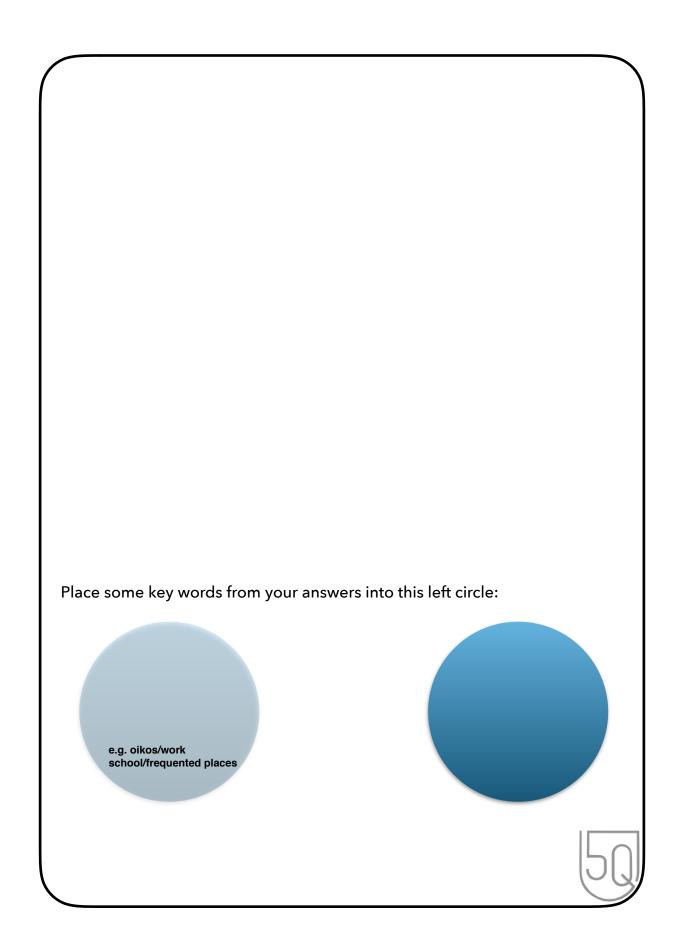
Reflections 4.2

Jesus empowers us in *John 20:21*: "As the Father has sent me, even so I am sending you." With that he extends the Father's commissioning as an ambassador to his apostles and furthermore, to us. With that divine thrust, he gives us not only permission, but an exhortation and a purpose to go into all the world and make disciples. And of course – of utmost importance – he has equipped us with his Spirit! He is a Spirit of "power, love, and a sound mind," as *2 Timothy 1:7* tells us. Now God has created you uniquely, with a unique personality, unique skill set, and has placed you in a job or school or in a group of people – a relational network the New Testament calls an *oikos* – in order to reach those people with his love. Thus, being sent on mission doesn't necessarily mean going to the foreign mission field, it's a challenge to reach out right where you are.

Spend a few minutes in personal reflection jotting down answers to the following questions, which will help determine and stimulate your personal "sentness":

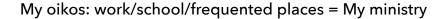
- 1. In general, what are some things I am passionate about?
- 2. What makes my heart come alive when I think about it or do it?
- 3. To determine where am I sent to:
 - Where do I work or go to school?
 - Where are other places I frequent already that I could be more intentional about building relationships? (the place you get groceries, your coffee shop, your library, your daycare, your park, your fitness center)
- 4. To determine to whom am I sent, in addition to the places I just listed, is there another oikos that I am a part of? (could be a department at work, a people group in or beyond your city, or a specific segment of society, e.g businessmen, stay at home moms, musicians, pilots, the homeless, orphans, etc.)

^{*} Reflection 4.2 taken from Apostolic Equipping Exercise 2: Determining Mission. Used with permission from Brewer, Nathan (2016) The Pulse of Christ: A Fivefold Training Manual: Xulon Press.



Reformations 4.3

When we consider reformation, we are talking about the process of reforming a paradigm or practice. Due to the Greco-Roman influence in the Western culture, we often tend to separate the spiritual and the secular: the spiritual activities of ministry and our "normal" 9-5 work life. Let's shift our paradigm to Jesus' Hebrew culture and merge those two circles into one so we begin doing ministry in the natural rhythms of everyday life, and view the places we commonly frequent as places of ministry. Remember, the term apostle comes from the Greek word *apostolos*, meaning "sent ones," so if we desire to model our life after Jesus, that includes his apostolic lifestyle of living "sent," living on mission. Fill in the same key words from the circle above to the merged circles below to get a visual of the reformed view of ministry, living on mission in the context of everyday life.





Actions 4.4

Continuing the flow from the Reflection and Reformation subsections, what would my first small step to live on mission look like? (*Idea generation for stimulation*: Blessing someone with a present? A random act of kindness? A prayer for healing? Inviting to a Bible study? Starting a Bible study at the office break room? Apologizing and asking for forgiveness? Inviting someone for a coffee and sharing your testimony? Inviting someone for a coffee and listening to their story?).

My	y first small step to live on mission:
	Make a commitment to Christ and to another person/the whole group to live sent this week.

Let's get practical here: Create a reminder that you are sent to produce a habit. This could be a simple post-it note for the bathroom mirror, an artistic whole sheet of paper for the inside of your front door so you see it as you leave each morning, or an alarm in your phone, etc. A sample text to write and speak out daily would be:

"I am a sent one, an ambassador of the Kingdom. Jesus has commissioned me with his power and his authority to love (_fill in people here_) at (_fill in place here_) in word and in deed, so that they see Jesus in me and experience His love, which is the most powerful force in the world!"

(Think of the potential if every Christian did this every day.)

Treasures 4.5

As we close this fourth and final week, pray for understanding of what God wants you to grasp about this topic. Identify 3 aha's (key reflections, greater sense of excitement, conviction or understanding) and 3 questions.

Write them in your 5Q journal and share them with someone you are journeying with or the group you are studying with.

We'd really recommend you consider your next steps having finished this module. We'd love to continue the journey with you.

Some options and suggestions are:

REVIEW AND REFLECTION

Go back over the notes in your 5Q Journal and review what you did during the module - are there any follow up conversations or actions? Any areas for further reading or reflection?

SHARE YOUR EXPERIENCE

Review this module and go back through it with a different group within your organization.

KEEP GOING

Engage with another 5Q module.

ENGAGE 5Q COACHING

Engage with the 5QCollective for further training - the shorter coaching course (14 weeks - one semester) or leadership cohort (14 months - 4 semesters).

REVIEW AND REFLECTION

Have your team or organization take the 5Q Diagnostic test.

FOLLOW THE CONVERSATION

www.5qcentral.com